

CVS (ly at 45°)

Well-look young man ly comfortably in bed

GEN

Marfan's, Turner's, Down

Ank. spondylitis

Acromegaly

* SOB, cyanosis

Cachexia, jaundice

copy pt

UL

Hands - Nails clubbed splinter haemorrhage Nictite stain

- Rulp Osler's Jareway Periapaposis

- Skin crease Anaemia

PR - rate, rhythm, amplitude Char: bounding/collaps

- vessel wall → thickened → ↑ intensity ↑ med. layer alternans

- radial-radial ineq
- fem

elbow - xanthomata (II)

BP ly < ins exp > 10mmHg - asthma
stand > 15 SBP > 10 DBP
constrictive pericarditis pericardial effus²

FACE

- Xanthoma Jaundice (CLF, prosthetic valve)

- Sclerae Conjunctiva Pallor

- Pupils Argyll-Robertson

cheek - malar flush (MS, PS) RLM flou^r

mouth - tongue ctm apaposis, enlarged

palate high arch (Marfan's)

dentit² petechiae (IE)

muco² petechiae (IE)

NECK JVP (R) high char Kussmaul's sign (↑ ins)

Carotids pulse char (R) (L) small vol slow rising

hold up then breath

CHEST

(I) Scars / Pakenaker Deformity

AB → posit² char

Abn puls²

(P) AB (diff arm 90° → splayntic) Abn puls² - Rv heave, parasternal impulse, P₂ tap

(PS) Thrill → P₁ tense BS

(A) (M) (F) 3L SB (cert's pt) (A) (P)

? S₃, S₄? S₃/S₄ mmmur? change^c ins/exp

(L) lat pos AB - ? tapp (ms) Apical thrill MPM - 1cm med to apex sit up & full exp (A) 3L E (A) stern edge - thrill Valsalva

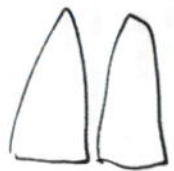
BACK

(I) Scars Deformity

(P) Sacral oedema

(PS) Pleura effus²

(A) ↓ BS ins crackles murmur - coarse



ABD (ly on 1 pillow)

(I) Liver hepatomegaly: FUF pulsatile: PR spleen splenomegaly: IE Aorta aneu

(PS) Ascites - PR

(A) Aorta Iliac renal

LL

Fem pulse radio-fem delay bruit

Peri pulses +++ bound^r ++ (A) + (P) 0

SOF Homans' sign creptic Δ - hair loss, ulcers skin temp cold limbs

Toe Clubb^r IE Cap refill t Buerger's test

Varicose V cough impulse test, Tapp^r test Trendelenburg Perthes Chr venous stasis

OTHER

Temp chart

IE
MIE
myocarditis

FUNDI

IE → Ketts spot
Hemstie retinopathy

Urine analysis

haematuna → IE



BACK

APD (up - br / phary)

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APD (up - br / phary)

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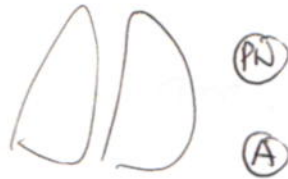
APD

APD

CVS

Gen ?well-looking
Tachycardic

Back



Crackles - basal
Pleural effusion

Hands - Nail : Nicotine stain
Splinter h'age
Clubbing

Palms : IE - Osler's nodes
Janeway les → red, raised tender nodule
→ non-tender erythematous macule (✓ bacteria)

Facial oedema

HR - (PR) ?reg vessel wall Vol/char

BP - ?drop
?paradox

Abdo



Liver (PN)

Edge
?palpable

Ascites - shifting dullness

Spleen

(AAA)

H&N - Xanthelasma
Jaundice
Anaemia

Malar flush
Ckt cyanosis
Dentition

LL

Swelling
Pulses

Neck - JVP ht (light)

Carotid pulse char - waveform
?pulsate
bruit ↓ slow rising → small

Ask ① Temperature chart

② FWTU

③ Fundoscopy

Chest

(I) Scars / Pacemaker
→ Thoracotomy

AB - ?visible

AB - Hydropic
Hicriatic

Parasternal heave / P₂ tap
Sys thrill

(A) (Timing & murmur)

Diaphragm: Apex
3LSE (Valsalva)
2LSE

S₁ → S₂ ?loudness

Added ← S₃ EC
S₄

Sys murmur → radiat^e → carotid
axilla

Quality Manceuvre ← In/Exp Valsalva

Bell : Turn Lt → Apex (N) Expirat^e
3LSE + Valsalva

Dia murmur
Rub

Sit up → lean forward in exp:
?EDM

Clubbing

- ① Familial / Idio
- ② CVS - Cyanotic H.D
IE
- ③ RS - Lung CA (small @)
Chr pneumonia² - BE
Abscess, Empyema

Idio (D) fibrosis

- ④ GIT - Crohn's esp ileum ~
IBD
Coeliac D
- ⑤ Thyrotoxicosis (Thyroid acropachy)

Unilat - Bronchial A-V aneu
Axillary artery

Xanthoma

- tuberous: elbow
knee
- eruptive: forearm
buttock { Heberden - familial
- tender: extensor hands
Achilles ankle - Ruptured tear

Severity

(AS)
↓ prolonged
LNT
Chill

(MR)

Ab displaced
S3

RS (Sitt up)

GEN

Cushingoid
Nasal prong/Hudson mask

Respirat²

RR
Depth chest expans²
Breath pattern
acc musc
SOB, stridor

Cough

Hoarseness
Cachexia

Char
Sputum
type: purulent/mucoid
? bld
(Sputum mg)

HANDS

Clubbing, HPO
Nicotine stain

Nails

Pulp

Peri cyanosis

Skin crease

Anaemia

FLAPP TREMOR
HR

→ Finger abd

BP pulsus paradoxus

FACE

Homers
Eye Anaemia/polyarthralgia

Cheeks - Telangiectasia
Moon-face → Steroid Rx
Cushingoid

Nose

Mouth

Throat Sore throat
Tongue CRT cyanosis
Teeth

Sinus

Sinusitis

obs sleep apnoea (chise, reced chin, small pharynx, short thick neck)

NECK

JVP

Trachea

cricoid → manubrium distance
displaced → ?UL
on thyrot: push down
on sternal angle

LN - cerv

supradavicular

Pemberton's sign

Subcutan emphysema

CHEST

POST

⊕ Shape

Barrel-shaped
Pectus carinatum
excavatum
Harrison's sulcus
Kyphoscoliosis

les²

Scars - Rx
Radiotherapy → poikiloderma
Prominent V - SVCs < neck / used at v

Movement UL expans² ← ? delay
↓ move

⊕ LL expans² [D > 5cm] ? asym
Vocal fremitus

Ribs

⊕ (Diaphragm tidal perc²?) ? dullness in base
intensity

⊕ BS

wheeze
Crackle
Fric² rub
Vocal resonance
say '99' '123'
whisper '99'

Early vs Late vs
fine - Rales (low)
medium - LVF
coarse - Bronchectasis

ANT

⊕

⊕

RV heave

⊕

LN - axillary
liver - ? ptosed

TESTS

Peak flow meter

FET → near = stethoscope or = stetho
Ins t > 30 → COPD

VC - count - test

BREAST & Axillary LN

CVS

loud P₂ - RLM ↑↑↑
SVP

ABD

liver ptosis
hepatosplenomegaly - CA

LL

swell/edema
cyanosis
DVT

OTHER

Temperature

SaO₂

